

Rotary CLUB CHANDIGARH **UNITE FOR GOOD**

Open Hand

WEEKLY CLUB BULLETIN OF ROTARY CLUB CHANDIGARH | ROTARY INTERNATIONAL DISTRICT 3080 | INDIA

CHARTER 15227 | CHARTERED ON 10TH MAY 1958

ISSUE 39 | 30 March 2026

HOME CLUB OF **Rajendra K. Saboo**
ROTARY INTERNATIONAL PRESIDENT
1991-92

Francesco Arezzo
ROTARY INTERNATIONAL PRESIDENT
2025-26

Ravi Prakash
DISTRICT GOVERNOR
RI DISTRICT 3080

Abha Joshi Sharma
CLUB PRESIDENT

Arun Aggarwal
CLUB SECRETARY

A HOLISTIC HEALING EXPERIENCE

The Monday meeting was called to order, and club secretary Rtn Arun Aggarwal led the regular birthday and anniversary greetings. Club President Abha J Sharma provided an update on the club's activities. The guest speaker for the day was aptly introduced by PP Neenu Vij. The main event featured Mrs. Nisha Luthra, celebrated poet, theatre and film director, who guided the audience through a holistic healing journey. As founder of The Narrators Performing Arts Society and co-founder of House of Happiness, Mrs. Luthra shared her expertise on breath, movement, psychotherapy, and psychodrama practices for mental and holistic well-being. The session included meditative




exercises and body language thoughts. PP Ashok Khanna and PP BM Singh even came forward to enact, making it truly mesmerizing! Mrs. Luthra's work is recognized across India and

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Monday 30th March
6pm

Fellowship Host




Rtn Sartaj Lamba



Rotary House, # 107a, sector 18,
Chandigarh

Monday 30th March
6pm



Dr. Somveer Lathwal
Physiotherapist



CONTINUED FROM PAGE 1

A Holistic Healing Experience...



internationally, with training programs for organizations like the Indian Army and leading schools.

A recipient of awards like the Iron

Lady Award and Extraordinary Nari Award 2026, Mrs. Luthra's passion and expertise shone through, making the event enriching for all.

Delicious fellowship was hosted by our dear Rtn Kishen Kumar, and a vote of thanks was given by Rtn Prem Mahindru, wrapping up the meeting.

SUMMER 2026

ACTIVE SUMMER CAMP

JUNE 20 - JULY 4 2026

TREKKING - BIKE - SURF - CANYONING - CLYMBING
FUN - CULTURE - SERVICE... AND MORE

ITALY - LOMBARDIA - BRESCIA & MANTOVA

rye2050.org/activecamp2026

Rotary

Distretto 2050

- Camp fee: € 750,00
- Age: 18-22 years
- 7 boys & 7 girls
- Participants will pay travel expenses to and from Brescia themselves
- Language in camp: english
- Deadline for application: May 1st 2025
- Participants will be accepted upon receipt and review of application
- Send your Rotary application for Camp Brescia 2025 to: activecamp@rye2050.org
- The list of mandatory equipment and the details of the camp will be communicated after registration

An excellent level of physical fitness is required of all candidates.

rye2050.org/activecamp2026
activecamp@rye2050.org

CELEBRATIONS

Birthday Greetings:

1 April Dr. Seema Gupta 9876028775

Anniversary Greetings:

5 April Jaiwant Singh Kang 9815120001 & Jaspreet

With Best Compliments from
Rtn Jagesh Khaitan

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It was a delight to spend Morning with our RVS Children . We have been observing their work and development over the past. Two children had prepared a welcome speech and presented hand made paper flowers and bouquets to the Royarians. They are doing great by so much improvement in their handwriting ,Reading drawing skills.16 children were awarded with prizes inorder to motivate them for further progress. There were 60 children to whom refreshments were given. Both prizes and refreshments were sponsored by PP Vivek Gupta. Rt'ne Archana Gupta alongwith Ms Manya was also present to give away prizes. Others present were

VP Rajinder Kaur

Secretary Arun Agarwal

Dir. Vocational Service Lalita Grover

President thanked all who spared their valuable time to be there



APPEAL

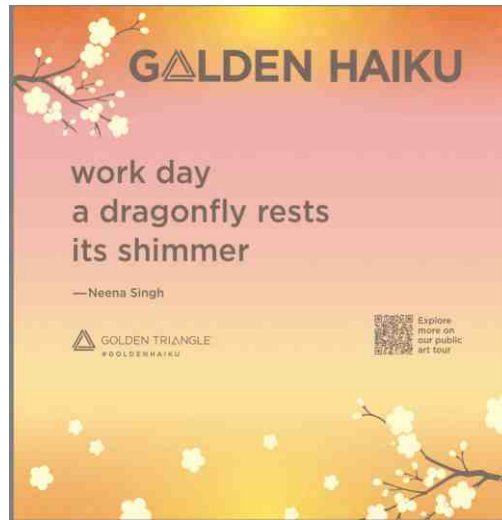
For 100% Contribution to Rotary Foundation for this year such that we get rating for District Award:

Receivable from following members.

Please we would be thankful if you can contribute a minimum of 50 - 100 USD or any amount beyond that.

1. Vinay Kumar Aggarwal
2. Amit Bahl
3. Jasvinder Batra
4. Aradhana Gakhar
5. Atul Gandhi
6. Bharti Goel
7. Rajwant Preeti Kaur
8. Irma Maini
9. Arun Raghav
10. Abhitesh Singh Sandhoo
11. Sahibjit Singh Sandhu

Thanks and regards
PRESIDENT



PP Neena Singh's haiku selected at the 13th Golden Triangle Haiku Competition this year on the theme "Joy of Nature."

The contest had an outstanding global participation - nearly 5000 entries from 90+ countries from poets of all age groups! The selected haiku will be on display at the Golden Triangle Business District in Washington, D.C. till May, brightening the Spring days with haiku poetry.

Short term Rotary Youth Exchange

Dear club leaders

Please find suitable candidates for the camp in Italy from June 20th to July 4th 2026.

Participants: Maximum 14 participants. One participant from each country.

Age: 18-22 years

It is a great opportunity for youngsters to meet and make friends from different countries and experience the wonders of Rotary.

Please contact me for further assistance and help in completing the formalities for a potential candidate.

Rtn. AP Singh Dhiman
District Chair
Rotary Youth Exchange

Friends,

We have Two entries from our District out of total 86 entries throughout South Asia and 78 from India.

The clubs from our District are

1. Shimla Hill Queen and
2. Chandigarh

Will keep you posted about the latest developments in this regard.

PDG Praveen Goyal
Regional Head,
ESRAG

ESRAG-SA Countdown: Earth-X Project, Dallas, Tx, US | Submission Deadline Today 25th March 2026 (Wednesday)

- Jury validation on quality & impact
- Registration Link: environmentalxperience.com/100-project-100-countries/

Please send your Project (Can Upload Multiple Projects): Mention Topic, Project Name and District.

Pls Give a Loud shout out to Sherpa -Dinesh Raj Manandhar(+977 985-1051822)

Sandeep Rao Iddya (+91 89500 75484),
Suneet Dabke (+91 98240 91307)

